**Psychology of Personality**

**ID – PSY-334.1**

**Prof. Elena Molchanova, MD (Psychiatry)**

**Instructor:** Dr. Elena Molchanova, MD

**Office:**  Psychology Department

**Course time:** Tuesday, 10.50 – 12.10; Thursday, 10.50 – 12.10

**Credit hours**: 6

**Course status**: Required

**Office hours:** Monday, 14.00 – 16.00

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**Enrollment Key:** PSY334.1

**Required textbook:** Friedman, H., Schustack, M. (2016). *Personality: Classic Theories and Modern Research.* Pearson

All the necessary recourses are upload on [www.e-course.kg](http://www.e-course.kg)

**Course description**

This course introduces key topics in the study of personality psychology. It covers historical and contemporary aspects of personality psychology including psychodynamic, humanistic, and trait-based approaches. It also discusses the extent to which personality theories predict real-world outcomes, such as educational and professional attainment, mental health, or romantic relationship.

**Learning objectives**

 Upon completion of the course, you will, hopefully, be able to:

1. Use the concepts, language, and major theories of personality to explain psychological experiences.
2. Understand ethical issues as they relate to personality research
3. Evaluate new ideas with an open but critical mind appeals
4. Apply personality concepts, theories, and research findings to everyday life
5. Recognize that ethically complex situations can develop in the application of psychological principles
6. Reflect on their own personality and experiences

**Resources to Support Student Learning**

1. Library Help, eReserves and research tools: <https://library.auca.kg/>
2. Writing Center: <https://warc.auca.kg/>
3. Academic Advising Office: <https://auca.kg/en/academic_advising/>
4. Psychological Counseling Services: <https://auca.kg/en/psycons/>
5. AUCA Student Code of Conduct <https://auca.kg/uploads/Students_life/Docs/Code%20of%20Students%202019.pdf>
6. AUCA Bylaws of the Academic Appeals Committee <https://auca.kg/uploads/Faculty%20Senate/Academic%20Appeals%20Committee%20Bylaws.pdf>
7. Accommodation policy (for students with special educational needs) <https://auca.kg/en/p5732652484/>

**Academic Honesty**

Students are expected to follow the AUCA ACADEMIC HONESTY code. All types of plagiarism are strictly prohibited. “Papers may appear to be plagiarized if students: occasionally use the words of another scholar without quotation marks and proper reference, with the result that it appears that the words are the student’s own; occasionally use the ideas of another scholar without proper reference; inadequately paraphrase the words or ideas of another scholar; or fail to include the bibliographic citation for all sources used in the process of completing the assignment. Self-plagiarism is also dishonest, it is not appropriate to hand in the same work for assignments given in more than one class, without the permission of every instructor”.

If a student fails to observe this requirement, the instructor may assign an “F” for the work or an “F” for the whole class, depending on the type of assignment and relevant circumstances. Students are expected to read and follow the section on Student Academic Dishonesty of the AUCA Code of Student Rights, Responsibilities and Conduct.

* On the first occasion you are caught plagiarizing, you fail that assignment.
* The second time, you fail the course.
* The third time, you may be subject to more severe penalties.

The Registrar, your academic advisor, and the FYS Director will all be informed of your plagiarism. You will also be required to arrange a session with a WARC tutor, who will review your paper with you and help you avoid making the same mistake in the future

**Issues of grading**

If you feel that the evaluation of your work was not fair or you noticed some scoring mistakes in your grade, you should bring these issues to the instructor immediately. If your demands are reasonable, the grade will be reconsidered.

There will always be someone who thinks that he/she was “tricked” by an exam question. If you feel that way, you should write a statement arguing your position. Your argument should include citation from the book (page numbers, dates) or other reasonable sources. Oral exam might be considered during the appeal of the student's grade. Submit your comments no later than **1 week** after the exam results. Late submissions will not be considered.

A grade of **Incomplete** is reserved for only those special cases where a student has completed a significant portion of the semester's work and an unavoidable circumstance prevents him or her from completing the course. If you have any questions, please contact the instructor

**All** assigned work must be submitted according to the due date in the e-course or at the beginning of class **on the day it is due**. No late assignments will be accepted.

*Dear student, information in this syllabus is subject to changes and additions announced in class. Review the course requirements carefully. Read it carefully and ask questions if you are confused by any part of it.*

**Course requirements**

1. **Attendance is necessary (5 points).** As you have already noticed, I am very bad in checking students’ attendance, often I forget to do this important activity, so please, just participate. Believe me, it will be much easier to pass exams and to write reflection papers, if you participate in classes. Moreover, if I notice that a person misses more than 5 classes, it will be very painful for me, but necessary to grade him/her with F.
2. **Quizzes (30 points)** Each seminar class, starting from the second week, will begin with a regular multiple-choice quiz.
3. **Presentations (20 points)**

All of you are required to elaborate thematic presentation on topics listed below (see Class Schedule). Presentations will include analysis of a famous character through the lens of chosen theoretical paradigm (for instance, Madonna through the lens of Adlerian theory)

**Top tips for presenters:**

* Be prepared
* Create your presentation with lots of time to spare and make notes on all the points you want to make for each slide.
* If you are going to use handouts, make sure you have them ready in advance
* Command the space
* Be aware of your body language. The right physical communication can have a profound impact on how your message is received and interpreted.
* Face your audience; Make eye contact; Move around freely; Avoid crossing your arms; Don’t fiddle with anything
* Become an actor
* The tone of your voice and how you talk will have a significant impact on the way your talk is received. To speak clearly and confidently you must become like a classically trained actor
* Keep a steady pace and pause occasionally. It will help your audience absorb the information and will give you time to prepare for the next section/slide
* Add some style
* You don’t want to have everything you are going to say in the slides. Just prompts to help remind you what to talk about and audio/visual media to enhance any point you are making.
* Ensure any words or visuals are large enough to be seen at the back of the room
* Enjoy yourself
* When you come out, have a smile on your face, show you are happy and thankful to be there
* If you feel confident enough, add a little humor (as long as it’s appropriate).
* Learn from your mistakes (and successes)
* Every time you give a presentation, take some time afterwards to think about what worked and what failed. If it went well, consider what made it go well.
* If it went badly, analyze where and how it went wrong so that next time you can change your strategy and ensure the same thing doesn’t happen again.

1. **Mid-term exam** (multiple choice) – **20 points**
2. **Final exam – 25 points**

**Course evaluation criteria:**

|  |  |
| --- | --- |
| Attendance | 5 |
| Quizzes | 30 |
| Presentations | 20 points |
| Mid-term exam | 20 |
| Final exam | 25 |

**Grading scale**

|  |  |
| --- | --- |
| **Grade** | **Percentage Score Range** |
| A | 95-100 |
| A- | 90-94 |
| B+ | 85-89 |
| B | 80-84 |
| B- | 75-79 |
| C+ | 70-74 |
| C | 65-69 |
| C- | 60-64 |
| D | 55-59 |
| D- | 50-54 |
| F | 0-49 |
| I | Case-by-case decision; Incomplete grade is usually assigned because of health issues |
| W | Student may request Withdrawal grade from the course grade to avoid failure or low grade |
| X | Academic policy on X grade  1. X grade specifically denotes non-attendance; for this course, non-attendance of five classes leads to X grade  a. X grade cannot be requested by students and is only given at the discretion of a faculty member;  b. X grade should not affect the GPA;  2. X grade, as well as NP (No Pass) grades, will not allow students to:  a. Be placed on the VPAA President’s list.  3. Receiving an X grade for the same course twice results in an automatic F grade for that course |

**Course schedule (also available on** [**www.e-course.auca.kg**](http://www.e-course.auca.kg)**)**

|  |  |  |
| --- | --- | --- |
| Weeks and dates | Topics | Readings, notes, deadlines, etc. |
| 1st week  Jan.  17th and 19th of | Introduction to the class, structure of the syllabus, course requirements, distribution of the presentations. | Course syllabus |
| 2nd week  Jan., 24th and 27th | What is Personality? How is Personality Studied and Assessed? | Main textbook, 1 and 2 chapters |
| 3 week  Jan. 31st, Feb. 2nd | Psychoanalytic Aspects of Personality. Sigmund Freud  Presentations | Third chapter |
| 4th week  Feb.7th,  Feb, 9th | Psychoanalytic Aspects of Personality. Sigmund Freud  Presentation | Third chapter |
| 5th week  Feb.14th,  Feb. 16th | Neo-analytic and Ego Aspects of Personality: Karl Jung  Presentation | Fourth chapter |
| 6th week  Feb. 21th | Neo-analytic and Ego Aspects of Personality: Alfred Adler  Presentation | Fourth chapter |
| 7th week  Feb.28th  Mar.2nd | Neo-analytic and Ego Aspects of Personality. Karen Horney  Presentation | Fourth chapter |
| 8th week  Mar.7th  Mar.9th | Biological Aspects of Personality  Presentation | Fifth chapter |
| 9th week  Mar.14th  Mar.16th | Humanistic aspects of personality:  Carl Rogers  Presentation | Ninth chapter  **Mar.14th - Mid-term** |
| 10th week | **Spring break** |  |
| 11th week  March,  28th and 30th | Trait aspects of personality  Presentation | 8th chapter |
| 12th week  April, 4th and 6th | Behavioral and Learning aspects of Personality.  Presentation | 6th chapter |
| 13th week  April, 11th and 13th | Male-female differences  Presentation | 11th chapter |
| 14th week  April 18th and 20th | Love and hate  Presentation | 14th chapter |
| 15th week  April 25th and 28th | Stress, adjustment and health differences  Presentation | 12th chapter |
| 16th week  May 2nd and May 4th | Interactionists aspects on personality  Presentation | 10th chapter |
| May, 11th | Last day of classes. Reflections, course evaluation. |  |